

CURRICULUM VITA

Shondolyn D. Sanders, M.S., CRC

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Education History

Ph.D. in **Counseling Psychology**
The University of Memphis
Expected graduation: **August 2019**

M.S in **Counseling**; Clinical Rehabilitation
University of Memphis

B.A. in **Psychology**
University of Arkansas @ Fayetteville

Professional Experience

Assistant Director of Research and Assessment: University of Memphis Institute on Disability, TigerLIFE. (current)

TigerLIFE is a 2-year transition program for young adults aged 18-28 who are engaged in a series of activities on the University of Memphis campus, which includes coursework in self-advocacy, independent living skills, functional literacy and job placement. The research team is working on data comparing the placement of these students with disabilities to other persons with disabilities on a state and national basis, using a longitudinal database. Data will also be presented on their personal improvement as students and workers and how they think and feel about work. Comparisons will also be made to other transitions programs and to other state and national work done in this area.

Teaching Experience

Teaching Assistant

COUN 4901 (Introduction to Rehabilitation Counseling)
The University of Memphis
2015

Professional Certifications

Certified Rehabilitation Counselor (CRC); 2015-2019
Commission on Rehabilitation Counselor Certification

Grant and External Support

Grant Writer and Research Assistant, Transition Programs for Students with Intellectual Disabilities into Higher Education, Chrisann Schiro-Geist, Ph.D. Principal Investigator. Department of Education Grant CFDA NO. 84.407 A, \$1,515,539 over 5 years, 2015-2020

Dissemination Activities

Professional Presentations

- Sanders, S.**, Suedmeyer, E., Hatcher, S., Williams, H & Schiro-Geist, C. (2015). *Development and Initial Validation of the Systems Approach to Placement Service Needs Assessment*. Poster submitted for presentation at the annual meeting of the American Psychological Association, Denver, Colorado.
- Sanders, S.**, Suedmeyer, E., Hatcher, S., Williams, H & Schiro-Geist, C. (2015). *The System's Approach to Placement: Transition Service Needs Assessment*. Poster accepted for presentation at the annual meeting of the National Council on Rehabilitation Education, Newport Beach, CA.
- Sanders, S.**, Suedmeyer, E., Hatcher, S., Williams, H & Schiro-Geist, C. (2015). *A Standardized Method for Assessing Individual Need in People with Disabilities in the United States and the Caribbean*. Poster submitted for presentation at the annual meeting of the Caribbean Regional Conference of Psychology, Port au Prince, Haiti.
- Marks, L., McFarlene, T., **Sanders, S.**, & Willkins, K. (2015). *The Status of Health Psychology in the Caribbean*. Poster accepted for presentation at the annual meeting of the Caribbean Regional Conference of Psychology, Port au Prince, Haiti.
- Suedmeyer, E., Cole, F., Ramsey, W., DeBord, R., **Sanders, S.**, & Strohmer, D. (2015). *Career Resilience for People with Disabilities*. Poster submitted for presentation at the annual meeting of the American Psychological Association, Denver, Colorado.
- Suedmeyer, E., Schiro-Geist, C., Williams, M., **Sanders, S.**, Harris, M., & Hatcher, S. (2015). *Transitioning to Work: Operating a Post-Secondary Education Program for Adults with Disabilities*. Symposium submitted for presentation at the annual meeting of the American Psychological Association, Denver, Colorado.
- Schiro-Geist, C., Suedmeyer, E., Hatcher, S., **Sanders, S.**, Harris, M., Williams, M. (2015) *Post-secondary transition*. Poster presented at the meeting of the European Association for Behavioral and Cognitive Therapy, Jerusalem, Israel
- Suedmeyer, E., Hatcher, S., **Sanders, S.**, Schiro-Geist, C., and Williams, M. (2015). *Vocational Outcomes of a Hybrid Model Post-Secondary Education Transition Program in the Mid-South*. Poster presented at the annual meeting of the American Psychological Association. Toronto, Canada.
- Suedmeyer, E., Hatcher, S., **Sanders, S.**, Schiro-Geist, C., & Williams, M. (2015). *User Perceptions of a Post- Secondary Education Program for Adults with Developmental Disabilities*. Poster presented at the annual meeting of the American Psychological Association. Toronto, Canada.
- Ethridge, M., Pitre, L., Trigg, L., and **Sanders, S.** (2015). *How to shake it off: Preventing Burnout for Helping Professionals*. Discussion presented at the annual summer meeting of the West Tennessee Counseling Association
- Pitre, L., Ethridge, M., **Sanders, S.**, and Trigg, T. (2015). *Self-Care and Mindfulness counseling professionals*. Discussion presented at the annual meeting of Delta State Conference for the Helping Professions. Cleveland, MS.

Dennison, A., Brouhard, L., Cox, R., **Sanders, S.**, Kelly, N., Conner, C. (2014). *A Social Justice Model for School-Community Collaboration*. Discussion presented at the annual meeting of the Tennessee Counseling Association. Murfreesboro, TN.

Frala, J. L., Cato, A., Sorrows, T., **Sanders, S.**, McClure, C., & Leen-Feldner, E.W. (2009). *Perceived Control Over Anxiety Related Events Predicting Panic Symptoms and Response to Voluntary Hyperventilation Challenge among Adolescents*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies. New York, NY.

Leen-Feldner, E. W., Trainor, C., Frala, J., McClure, C., **Sanders, S.**, & Zvolensky, M. J. (2010). *Panic-Relevant Cognitive and Affective Vulnerability among Adolescent Smokers*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. San Francisco, CA.

McClure, C., Leen-Feldner, E.W., Frala, J., & **Sanders, S.** (2010). *Delay Discounting as a Unique Predictor of Adolescent Smoking*. Poster presented at the annual meeting of the Arkansas Psychological Association. Little Rock, AR.

Research/Laboratory Experience

Research assistant: Regional One Health Research (2013-present)

Under the direction of Dr. Steve Zankas, I served as a research assistant and in this role, I received training in early assessment and brief intervention services at The Elvis Presley Regional Trauma Center, a Level I Trauma Center located in Memphis, TN. I visited the Elvis Presley Regional trauma center to conduct assessments and to connect individuals to community resources.

Research Assistant: Arkansas Interdisciplinary Sciences Laboratory- (2008-2010)

Under the direction of Dr. Leen-Feldner, I served as a primary research assistant on the following major research project: National Institute of Mental Health-funded project (RO3MHO77692) examining adolescent smoking behavior and panic vulnerability. In this capacity, I received comprehensive training in the running of sophisticated laboratory-based protocols, including participant recruitment and consenting, questionnaire and interview administration, and the design and management of an SPSS database. I have received intensive didactic training in the administration of a semi-structured clinical interview (e.g., the ADIS-C), as well as the use of physiological measurement tools (e.g., heart rate, skin conductance).

Honors and Awards

University of Memphis Honors Assembly Award recipient (2015)

Outstanding Graduate Student in Rehabilitation Counseling, Department of Counseling, Educational Psychology, and Research

Rehabilitation Services Administration Tuition grant recipient (2013-2015)

Graduating Student leader award, University of Arkansas (2010)

Silas H. Hunt Academic scholarship, University of Arkansas (2006)

Internship and Work Experiences

Intern: State of Arkansas Vocational Rehabilitation Services, Division of Services for the Blind (2015)

While serving as Intern with this agency, I was responsible for testing, assessing, and counseling clients in their vocational goals. Under general supervision, I developed and administered Individualized Plans for Employment (IPEs) and provided counseling, training and/or placement services, and referral services for eligible individuals within state and federal law, departmental and divisional policies and procedures, and administrative direction.

- I also gained case management experiences. I planned and managed case service funds, prepared and submitted proper documentation, authorized services, completed agency reports, and complied with federal, state and agency policies and procedures. In this role, I assisted with vocational/technical, or college preparations, including reasonable accommodations.

Practicum student: Shelby Residential and Vocational Services (2014)

As a Practicum student at this site, my primary goal was to assist individuals with disabilities with accessing services and supports necessary to reach the desired goals for their future. I worked with these individuals on becoming more independent and on fostering positive adaptive behaviors. I accrued more than 100 indirect hours at this site and 70 direct hours.

- I facilitated weekly psycho-educational groups to help individuals develop their social and coping skills.

Mental Health paraprofessional: Alternative Opportunities/Dayspring Behavioral Health Services- (summer 2012, summer 2013)

During this summer program, I worked as an Activity therapist with children ages 4-17. Under clinical supervision, I implemented day treatment activities to improve the functioning of consumers who have a wide variety of physical, cognitive, social, emotional, and developmental or age-related needs. I observed and documented consumer responses to TR/RT interventions.

- Served as a member of the multidisciplinary team, supporting the development of a plan of care that is based on individual strengths, needs, and preferences. In this role, I also provided support, encouragement, and creative learning experiences to support the achievement of program participants' goals.

Campus Involvement/Leadership

Integrative Student Rehabilitation Organization (ISRO) - (2013-current)

President (2014), ISRO is an organization open to all students in the Graduate Counseling program. ISRO offers social support as well as mini-workshops on topics relevant to the Rehabilitation Counseling field.

- I planned and conducted all executive board meetings to decide upon potential guest speakers and other community service events, such as the Lowenstein House clothing drive. Guest speakers from the community have lectured on the following issues: LGBT, Animal Assisted therapy, Psychiatric rehabilitation, adolescent recover, spiritual guidance and healing, chronic illness and disability, and private practice benefits

Chi Sigma Iota Counseling Honor Society, Kappa Zeta chapter (2014-2015)

Executive board member, Rehabilitation representative

Professional Affiliations

American Psychological Association
Tennessee Counseling Association
International Association of Rehabilitation Professionals
Chi Sigma Iota, Counseling Academic and Professional Honor Society

Community Associations and Volunteer Works

Memphis Crisis and Suicide Prevention Hotline volunteer (current)

In this capacity, I have received extensive training in crisis management. My role is to answer crisis calls and to assist individuals through the immediate situation and to then connect them to long-term resources for recovery.

University of Memphis Diversity Committee

The Diversity Committee is a group of people engaged in critical conversations about multicultural issues within ourselves, within the group, and in the community around us. Our mission is to equip individuals for educating, mentoring, serving, and actively engaging in opportunities that challenge stereotyped beliefs, reduce ignorance, and create an atmosphere of openness, curiosity, inspiration, responsibility and concern for others.

Delta Sigma Theta Public service sorority (spring 2008-Present)

Volunteer continuously for local nursing homes & rehabilitation centers, elementary schools, & Boys and Girls Clubs of America